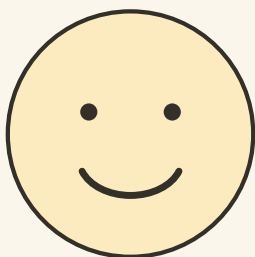


How Am I Feeling Today?

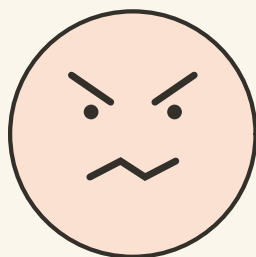
Cut out the cards below. Use them to check in, or to show someone how you're feeling when words are tricky to find.



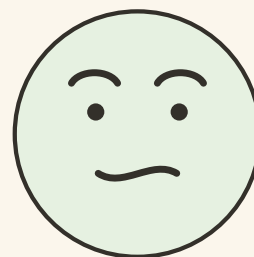
Happy



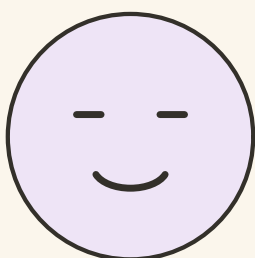
Sad



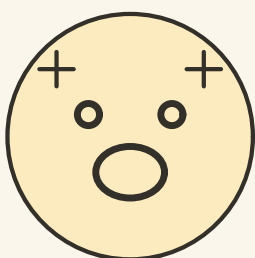
Angry



Worried



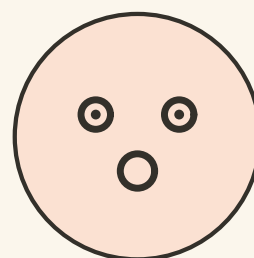
Calm



Excited



Tired



Scared